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CALIFORNIA SKINCARE SUPPLY

800-500-1886

Collagen M.D.®

Professional Collagen Dietary Supplements Powder Formulations

Advanced Connective Tissue Formula

Collagen Type I & III

COLLAGEN RASPBERRY FRUIT SHAKE



- 1 or 2 scoops Collagen Type I & III
- 1/3 cup fresh or frozen Raspberries
- 1 cup water
- Stevia to taste (optional)
- Ice (optional)
- For the rim of the glass:
- Juice of 1 fresh Lemon in a small saucer
- 1/3 cup Coconut Sugar
- Blend ingredients until smooth.
- Dip rim of glass in lemon then Coconut Sugar.
- Pour fruit shake into glass and enjoy!



COLLAGEN BANANA CHOCOLATE SMOOTHIE



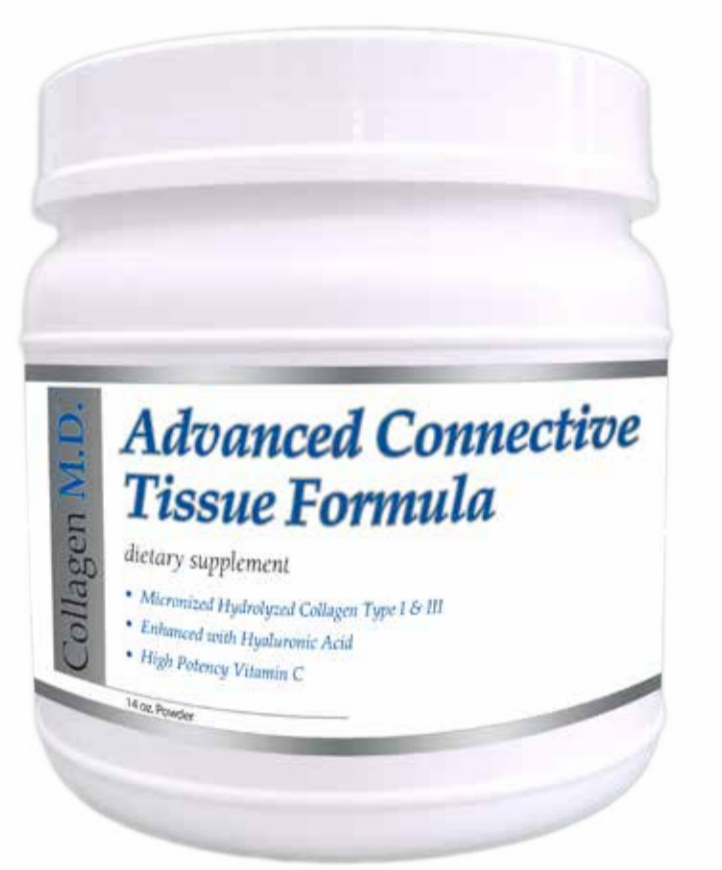
- 1 or 2 Scoops Collagen Type I & III
- 1/2 frozen banana
- 1 tbsp premium cocoa powder (unsweetened)
- 1 cup water
- Stevia or Honey to taste (optional)
- ice (optional)



AGE-MANAGEMENT ICE COFFEE



- 1 or 2 scoops Advanced Connective Tissue Formula
- 1 cup fresh or unsweetened coconut water
- 1 shot fresh espresso coffee
- Stevia to taste (optional)
- ice
- Add all ingredients together and blend until smooth. Pour over ice and enjoy!



GREEN AGE-MANAGEMENT SMOOTHIE



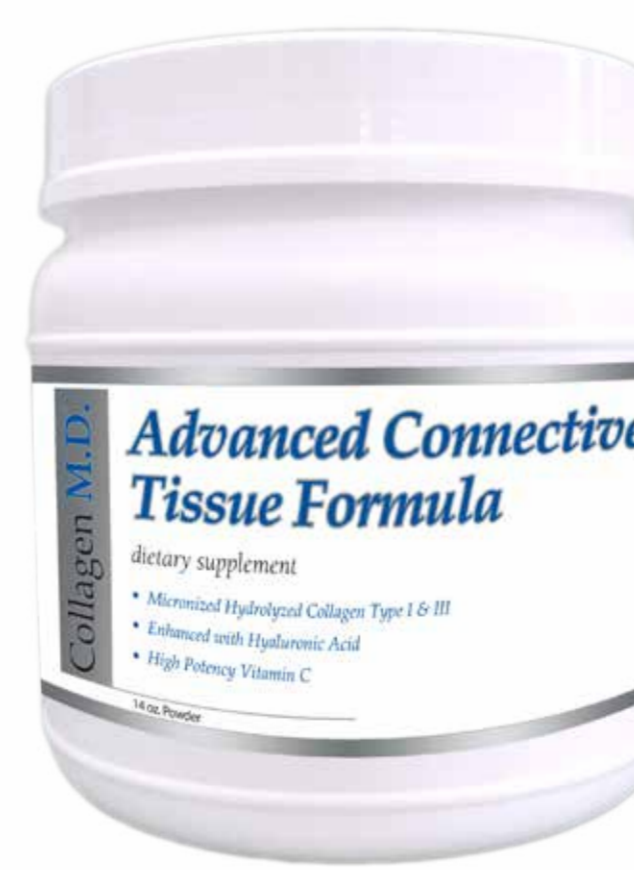
- 1 or 2 Scoops Advanced Connective Tissue Formula
- 1 cup fresh or unsweetened coconut water
- 1 cup fresh baby spinach leaf
- 1 stock celery including leaf top
- 1/4 cup fresh parsley
- 1/8 cup fresh cilantro
- 1 fresh mint stalk
- Ice (optional)
- Blend all ingredients except mint until smooth. Pour into glass, garnish with mint and enjoy!



MANGOSTEEN-RASPBERRY AGE-MANAGEMENT FRUIT SHAKE



- 1 or 2 Scoops Advanced Connective Tissue Formula
- 3/4 cup unsweetened mangosteen juice
- 1/4 cup fresh or frozen raspberries
- 1/2 cup water
- Stevia (to taste)
- Ice
- Blend ingredients together until smooth. Pour over ice and enjoy!



COLLAGEN BLACKBERRY FRUIT SHAKE



- 1 or 2 Scoops Collagen Type I & III
- 1/2 fresh or frozen blackberries
- 1 cup fresh or unsweetened coconut water
- Stevia or Honey to taste (optional)
- ice (optional)
- Blend ingredients together until smooth and enjoy!



GF gluten free

DF dairy free

SF sugar free

SF soy free

PF preservative free

NF no fillers

